

## **4-H Dressage and Western Dressage Clinic 2025**

Sunday May 18th

Center Stage Sporthorse

W1455 Brooklyn Albany Rd Albany WI 53502

Clinician: Stacia Allen

9:00 am-3:00 pm

Clinic coordinator: Jolene Doerfer 608-220-9566

[jodoerfer@yahoo.com](mailto:jodoerfer@yahoo.com)

Please fill out this form and pre-register by May 10th

Pre registration:

~ By mail postmarked no later than May 10th 2025. 4-H clinic c/o Jolene Doerfer 6458 Whalen Rd Verona WI 53593

~ By email to: [jodoerfer@yahoo.com](mailto:jodoerfer@yahoo.com)

ONLY ONE RIDER/HORSE PAIR REGISTRATION PER FORM

(Auditors don't need to register but do need to sign in day of the clinic, auditing is free at CenterStage)

Please Print

4-H member name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Rider Age; \_\_\_\_\_ Rider years of show experience: \_\_\_\_\_

Contact Information: Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #1: \_\_\_\_\_ Phone #2: \_\_\_\_\_ EMail \_\_\_\_\_

Horse Name; \_\_\_\_\_

CIRCLE ONE BELOW:

**This clinic will offer three levels of riders, riders will be placed with others of their level in groups of 2-5 riders per session.**

9:00am-10:30am

**Walk/Trot**- Introductory levels A&B. This session will focus on placement of the movements in the arena, when and how to use your corners, transitions in and out of trot, tempo control, free walk, and square halts. A basic discussion of proper tack and show ring etiquette.

10:30am-12:00pm

**Walk/Trot/Canter**- levels Intro C to Training level 3. This session will focus on showing rhythm, freedom and regularity in all three gaits. A more comprehensive look at contact and steadiness on the bit, and suppleness over the back. Geometry, why it is important. Introduction to stretch trot. A basic discussion of proper tack and show ring etiquette.

12:00pm-1:30pm

**Intermediate/Advanced**- First, Second, Third levels. This session will focus on balanced lateral work. Increasing the bend on smaller circles. Developing more thrust and push from the horse's hind leg to develop medium and collected gaits. Improving lateral and longitudinal suppleness. Introduction to turn on the haunches.

